Dr Thomas Mylne

Keperra Family Practice. Great Western Shopping Centre.

1028 Samford Road, CNR Settlement Rd.

Keperra QLD 4054.

Phone 07 3351 0323.

Dear Dr Mylne,

**Referral for**

**Date of Birth.**

**Condition.** Please summarise your situation as well.

Dr Mylne. Would you please review their treatment plan? Would you please assess, if appropriate, a trial of Medicinal Cannabis and CBD could be beneficial to assist with the relief of their symptoms or as an adjuvant treatment to their existing treatment plan.

Robert Vicary Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Dated \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Client Approval**

Dr Mylne. Please provide appropriate progressive feedback and/or a copy of my new treatment plans developed by you Dr Mylne, to me the referee and to Robert Vicary as my remedial therapist, so that the I may achieve a fully integrated approach to my wellbeing and recovery.

Client \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Dated \_\_\_\_\_\_\_\_

**Preparation for the Meetings with Dr Tom Mylne**. Dr Mylne is available for Medicinal Cannabis and CBD meetings on Mondays, Wednesdays and Fridays. He does skin cancer work on Tuesdays and Thursdays. He encourages Robert Vicary to attend with you the first meeting.

**Meetings.**

1. **First meeting.** On phoning for an appointment, you have to request a No 36 Medicinal Cannabis meeting. Ask for the current price. At present this is a long appointment for $123.00. Medicare rebate is $73.95. Out of pocket is $49.05. This meeting is for Dr Mylne to record your history, review your current treatment plan and assess if medicinal cannabis and CBD prescriptions could add benefits for you. Dr Mylne may require further tests to confirm at least three normal medical processes have been unsuccessful for you or to rule out any other issues which may not have been picked up during your existing treatment plan. He has to meet and record normal GP protocols because you have come from another GP. He may even request a report from your existing GP including a medication record, blood tests and x-rays. Please bring as much as possible of these records with you. You may like to visit your GP and request a copy of these records. Even inform your GP that this is what you are planning to do.

**Procedure One unsuccessful. What, where and when**

**Procedure Two unsuccessful. What, where and when.**

**Procedure Three unsuccessful. What, where and when.**

1. **Research.** Go to <https://alivetherapies.com.au/medical-marijuana-cbd-hemp/> and become informed about the differences between the use of THC with a psychoactive effect for the midbrain, sleep and pain relief. How CBD works in the Endocannabiniod nerve system and how particularly beneficial it is for the Vagus nerve system and the functions of your organs. Understand that CBD comes from a cold pressed process from high CBD varieties of Cannabis plant flowers. THC comes from a heating or activation process from high THC psychoactive varieties of Cannabis plant flowers. Please note that Hemp seed, oil and protein products are usually obtained as a biproduct from long thin industrial hemp crops used for their fibres. These products can be purchased in chemists, health food stores and now grocery stores. Hemp seed oil is full of omega 3, 6 and 9 similar to fish oil.
2. **Driving.** THC psychoactive can be detected in a blood test for up to fourteen days. However, after about 8 to 12 hours the THC psychoactive effect wears off and should not impair your ability to drive. University of Sydney are preparing research so that eventually the law can be changed from total prohibition to a test of impairment. Generally, you will be prescribed THC for the evening and CBD for the morning so that you are able to function during the day. Some research has shown that having a combined dose of CBD with THC in the evening is also very calming and may reduce any agitation. This is why it is critical to monitor your responses and report back to Dr Mylne immediately. If you are not driving during the day then Dr Mylne may prescribe a mixed 10 THC 10 CBD product.
3. **Previous TGA approvals.** Please have ready a copy of previous approval and your file number. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. **Dispensing Pharmacy.** Please provide the details of the pharmacy you want nominated in the application for the supply of your prescription.

**Pharmacy Name.** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Pharmacy address.** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Pharmacy Telephone number.** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Application reports.** You are assisting the development of research for the use of medicinal cannabis and CBD in this country. So please be diligent and record both the positive and negative effects. Record pain measures between zero and ten during different times of the day where appropriate. This history will assist Dr Mylne document your results.
2. **Second meeting**. This is to prepare the application to the TGA. Normal consultation. Normal price with a Medicare rebate or can be bulk billed if you have a Government pension or disability health card.
3. **Third meeting.** This is to collect the script and review the precautions for the medications, recording processes and review dates. Normal consultation. Normal price with a Medicare rebate or can be bulk billed if you have a Government pension or disability health card.